

BALLYCOTTON RUNNING PROMOTIONS

**A CLASSIC RACE
AT A
CLASSIC DISTANCE**

Ballycotton Running Promotions

www.ballycottonrunning.com

Date	Time	Race	Distance	Location
04-Mar	19:00	Eagle AC Con. Members 3k Track Race	3k	CIT Track
06-Mar		AAI Munster Indoor Chps	Vars	Nenagh
07-Mar	11:00	Janssen Race (BHAA)	4M	Little Island
07-Mar		AAI National Inter-Clubs XC Chp		
14-Mar	14:00	Munster Senior & Novice Road Chps	2M/4M	Clare
17-Mar	11:00	Paddy Desmond - Rising Sun 4	4M	Ballinhassig
21-Mar	13:30	33rd Ballycotton '10'	10M	Ballycotton
28-Mar	13:00	Munster Masters Road Chps	2M/4M	Limerick
28-Mar		IAAF World XC Chps		Bydgoszcz, Poland
01-Apr	19:00	Eagle AC Con. Members 1M Track Race	1M	CIT Track
04-Apr	12:00	Belgooly 4 – Resc. from St. Stephen's Day	4M	Belgooly
05-Apr	14:00	Boherbue to Kiskeam	5M	Boherbue/Kiskeam
11-Apr	11:00	UCC 10k (BHAA)	10k	Lee Road
11-Apr		AAI National Road Relays		Raheny, Dublin
11-Apr	13:45	Kilnaboy 10	10M	Kilnaboy, Clare
11-Apr		Paris Marathon	Mar	Paris
11-Apr		Rotterdam Marathon	Mar	Rotterdam
15-Apr	19:00	Eagle AC Con. Members 800m Track Race	800m	CIT Track
18-Apr	11:00	GreatIsland 10	10M	Cobh
19-Apr		Boston Marathon	Mar	Boston
22-Apr	20:00	Castlemartyr 4	4M	Castlemartyr
25-Apr		London Marathon	Mar	London
26-Apr	20:00	Stride by the Tide Beach Race (BHAA)	4M	Redbarn, Youghal
02-May	09:00	Bay Run Glengarriff-Bantry	HM	Glengarriff-Bantry
03-May	09:00	Belfast Marathon	Mar	Belfast
06-May	20:00	Joe Hourigan Midleton 5	5M	Midleton
12-May	20:00	Pfizer 6 (BHAA)	6M	Ringaskiddy
16-May	12:30	John Treacy 10M Classic	10M	Villierstown, Waterford
20-May	20:00	Fota W/Park / Eagle AC Cheetah Run	4M	Fota Wildlife Park
23-May	13:30	Emer Casey Foundation 10k	10k	Youghal
27-May	20:00	Ballyandreen 5	5M	Ballyandreen
30-May		AAI Munster T&F Chps	Vars	CIT
31-May	20:00	Glanmire 5	5M	Glanmire

07-Jun	09:00	Cork City Marathon & Relay	Mar	Cork
15-Jun	20:00	John Buckley Sports 5k (BHAA)	5k	Marina
20-Jun		Dunmanway 10k	10k	Dunmanway
24-Jun	20:00	Shanagarry 5	5M	Shanagarry
30-Jun	20:00	AIB Macroom 5k (BHAA)	5k	Macroom
03-Jul		59th Cork City Sports	Vars	CIT
07-Jul	20:00	EMC 5k (BHAA)	5k	Ovens
08-Jul	20:00	Corkbeg 5	5M	Whitegate, Cork
10-Jul		AAI National Senior T&F Chps	Vars	Santry, Dublin
11-Jul		AAI National Senior T&F Chps	Vars	Santry, Dublin
14-Jul	20:00	IPS/Garda 5k (BHAA)	5k	Marina
16-Jul	20:00	Donoughmore 7	7M	Donoughmore
23-Jul	20:00	Churchtown South 5	5M	Churchtown South
26-Jul		European Athletic Chps	Vars	Barcelona
27-Jul		European Athletic Chps	Vars	Barcelona
28-Jul		European Athletic Chps	Vars	Barcelona
29-Jul		European Athletic Chps	Vars	Barcelona
30-Jul		European Athletic Chps	Vars	Barcelona
31-Jul		European Athletic Chps	Vars	Barcelona
01-Aug		European Athletic Chps	Vars	Barcelona
04-Aug	20:00	Novartis 5k (BHAA)	5k	Ringaskiddy
08-Aug	20:00	Route to Crook	5M	Goleen-Crookhaven
15-Aug		AAI National Masters T&F	Vars	Tullamore
15-Aug	12:30	John Hartnett Memorial	9.5M	Ballyhooly
18-Aug	20:00	Army/Navy 5 (BHAA)	5M	Haulbowline
26-Aug	19:30	Ballycotton 5	5M	Ballycotton
01-Sep	19:30	PTAA 5k (BHAA)	5k	
12-Sep	11:00	Cork Half-Marathon	HM	Blarney
19-Sep	11:00	IPS/Garda Race (BHAA)		
26-Sep	13:00	Cork Ladies Mini-Marathon	4M	Cork
03-Oct	09:30	Cork to Cobh (BHAA)	15M	Cork-Cobh
16-Oct		IAAF World Half-Mar Chps	HM	Nanning, China
17-Oct		Gerry Farnan XC	3/5M	Phoenix park
25-Oct	09:00	Dublin City Marathon	Mar	Dublin
31-Oct	11:00	HSE 4 (BHAA)	4M	Marina
07-Nov		New York Marathon	Mar	New York
13-Nov		Irish & British XC		Santry, Dublin
21-Nov	11:00	Inniscarra Community Centre 4	4M	Inniscarra
05-Dec		AAI National Novice XC		TBC
12-Dec	11:00	Simon Turkey Trot (BHAA)	4M	Marina
25-Dec	10:00	Goal Mile	1M	CIT & various other
26-Dec	12:00	Belgooly 4	4M	Belgooly