

Ballycotton Summer Road Race Series 2010**CHURCHTOWN SOUTH '5'**

Thursday 22 July 2010. 8:00pm

| Place | Time | Name | Team | Age Cat. | min/mile |
|--------------|-------------|----------------------|--------------------|-----------------|-----------------|
| 1 | 0:25:15 | MCCARTHY, James | East Cork AC | M | 05:02.9 |
| 2 | 0:25:32 | MCCARTHY, Martin | St. Finbarrs AC | M | 05:06.3 |
| 3 | 0:25:57 | MCGRATH, Sean | East Cork AC | M | 05:11.3 |
| 4 | 0:26:26 | FAHY, Roy | East Cork AC | M | 05:17.1 |
| 5 | 0:26:36 | WAUGH, George | Rising Sun AC | M | 05:19.1 |
| 6 | 0:26:43 | MEADE, John | St. Finbarrs AC | M | 05:20.5 |
| 7 | 0:26:43 | MURPHY, Timmy | Grange-Fermoy AC | M | 05:20.5 |
| 8 | 0:26:51 | COAKLEY, Donal | Togher AC | M | 05:22.1 |
| 9 | 0:27:04 | O'CONNELL, Cathal | St. Finbarrs AC | M45 | 05:24.7 |
| 10 | 0:27:16 | COFFEY, Donal | Leevale AC | M | 05:27.1 |
| 11 | 0:27:32 | MURPHY, Patrick | Togher AC | M | 05:30.3 |
| 12 | 0:27:42 | MAHER, Pat | Raheny Shamrock AC | M40 | 05:32.3 |
| 13 | 0:27:49 | CURRAN, James | St. Finbarrs AC | M | 05:33.7 |
| 14 | 0:27:58 | COSGRAVE, Jim | St. Finbarrs AC | M | 05:35.5 |
| 15 | 0:28:03 | HEGARTY, Brian | East Cork AC | M | 05:36.5 |
| 16 | 0:28:04 | TIERNEY, Conor | East Cork AC | M | 05:36.7 |
| 17 | 0:28:13 | O'SULLIVAN, Kieran | St. Finbarrs AC | M | 05:38.5 |
| 18 | 0:28:15 | MCKEOWN, Kieran | unatt/Lisgoold | M | 05:38.9 |
| 19 | 0:28:16 | O'DONOVAN, Eamonn | Rising Sun AC | M | 05:39.1 |
| 20 | 0:28:22 | MEADE, Eric | East Cork AC | M40 | 05:40.3 |
| 21 | 0:28:23 | BICKERDIKE, Mark | Leevale AC | M45 | 05:40.5 |
| 22 | 0:28:29 | PATTERSON, Robert | St. Finbarrs AC | M | 05:41.7 |
| 23 | 0:28:41 | DEVINE, Ken | St. Finbarrs AC | M45 | 05:44.1 |
| 24 | 0:28:51 | O'CARROLL, Frank | East Cork AC | M | 05:46.1 |
| 25 | 0:28:57 | MCCARTHY, Denis | East Cork AC | M45 | 05:47.3 |
| 26 | 0:29:05 | O'REGAN, Noel | Midleton AC | M40 | 05:48.9 |
| 27 | 0:29:09 | O'LEARY, Fergal | Eagle AC | M | 05:49.7 |
| 28 | 0:29:16 | WALSH, Joe | unatt/Ballinacurra | M | 05:51.1 |
| 29 | 0:29:17 | WHITAKER, Allen | unatt/Glanmire | M | 05:51.3 |
| 30 | 0:29:19 | WALL, Fergus | Bandon AC | M40 | 05:51.7 |
| 31 | 0:29:22 | COMBER, David | Leevale AC | M | 05:52.3 |
| 32 | 0:29:23 | SHIELDS, Brian | Ballymore-Cobh AC | M | 05:52.5 |
| 33 | 0:29:29 | MULDOWNEY, David | Eagle AC | M | 05:53.7 |
| 34 | 0:29:35 | BROWNE, Austin | Eagle AC | M40 | 05:54.9 |
| 35 | 0:29:37 | BOYLE, George | Leevale AC | M | 05:55.3 |
| 36 | 0:29:39 | KEANE, William | Leevale AC | M | 05:55.7 |
| 37 | 0:29:41 | HEALY, Don | Grange-Fermoy AC | M | 05:56.1 |
| 38 | 0:29:47 | WHIRISKEY, John | Eagle AC | M | 05:57.3 |
| 39 | 0:29:49 | WILLIAMS, Robbie | unatt/Cork | M | 05:57.7 |
| 40 | 0:29:52 | GEARY, Kevin | Eagle AC | M | 05:58.3 |
| 41 | 0:29:52 | MURPHY, Emma | St. Finbarrs AC | F | 05:58.3 |
| 42 | 0:29:53 | LYONS, Dennis | unatt/Dunmanway | M | 05:58.5 |
| 43 | 0:29:54 | MCCARTHY, Padraig | Skibbereen AC | M45 | 05:58.7 |
| 44 | 0:29:58 | CURTIN, Martin | unatt/Inniscarra | M | 05:59.5 |
| 45 | 0:29:59 | HICKEY, Paul | Eagle AC | M | 05:59.7 |
| 46 | 0:30:02 | BUDDS, Liam | West Waterford AC | M | 06:00.3 |
| 47 | 0:30:09 | MURPHY, Damian | unatt/Cappoquin | M | 06:01.7 |
| 48 | 0:30:13 | WALSH, Colin | unatt/Ballincollig | M | 06:02.5 |
| 49 | 0:30:15 | HOULIHAN, Michael | unatt/Waterville | M | 06:02.9 |
| 50 | 0:30:17 | O'CONNOR, Pat | Eagle AC | M40 | 06:03.3 |
| 51 | 0:30:19 | VONHATTEN, Jessica | Leevale AC | F | 06:03.7 |
| 52 | 0:30:19 | MURPHY, Declan | St. Finbarrs AC | M | 06:03.7 |
| 53 | 0:30:20 | BRODERICK, Donal | Midleton AC | M40 | 06:03.9 |
| 54 | 0:30:24 | MCGRATH, Grellan | Eagle AC | M40 | 06:04.7 |
| 55 | 0:30:28 | O'BRIEN, Martin | Youghal AC | M45 | 06:05.5 |
| 56 | 0:30:29 | O'CONNOR, Brian | Grange-Fermoy AC | M | 06:05.7 |
| 57 | 0:30:30 | LYNCH, Rhona | Eagle AC | F35 | 06:05.9 |
| 58 | 0:30:41 | MURPHY, David | Midleton AC | MJ | 06:08.1 |
| 59 | 0:30:43 | O'SHAUGHNESSY, Shane | Eagle AC | M | 06:08.5 |
| 60 | 0:30:43 | O'MAHONY, Brendan | Grange-Fermoy AC | M | 06:08.5 |
| 61 | 0:30:45 | WALSH, Niamh | Youghal AC | F | 06:08.9 |

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| 62 | 0:30:48 | CAHILL, Maurice | Youghal AC | M | 06:09.5 |
| 63 | 0:30:52 | CAMBRIDGE, Graham | Leevale AC | M | 06:10.3 |
| 64 | 0:30:56 | MURPHY, Pat | Eagle AC | M50 | 06:11.1 |
| 65 | 0:30:57 | NOLAN, Michelle | Midleton AC | F35 | 06:11.3 |
| 66 | 0:30:58 | O'CALLAGHAN, John | Eagle AC | M40 | 06:11.5 |
| 67 | 0:30:58 | O'KEEFE, Marty | Youghal AC | M40 | 06:11.5 |
| 68 | 0:31:00 | CARROLL, Denis | Eagle AC | M50 | 06:11.9 |
| 69 | 0:31:00 | DESMOND, John | Eagle AC | M45 | 06:11.9 |
| 70 | 0:31:02 | O'CONNOR, Kealan | unatt/Fermoy | M | 06:12.3 |
| 71 | 0:31:02 | RYAN, Des | unatt/Watergrasshill | M | 06:12.3 |
| 72 | 0:31:03 | O'S-HOURIHAN, Josh | unatt/Ballyandreen | MJ | 06:12.5 |
| 73 | 0:31:04 | CARR, Billy | unatt/Conna | M | 06:12.7 |
| 74 | 0:31:07 | TWOMEY, Bill | UCC AC | M | 06:13.3 |
| 75 | 0:31:13 | CARROLL, Eamonn | St. Finbarrs AC | M45 | 06:14.5 |
| 76 | 0:31:16 | CANAVAN, Darragh | unatt/Cloyne | M | 06:15.1 |
| 77 | 0:31:18 | BULMAN, Mark | Donoughmore AC | M45 | 06:15.5 |
| 78 | 0:31:20 | COOPER, Tom | unatt/Tallow | M45 | 06:15.9 |
| 79 | 0:31:24 | O'SULLIVAN, Ian | East Cork AC | M | 06:16.7 |
| 80 | 0:31:28 | COFFEY, Philip | Carraig na bhFear AC | M40 | 06:17.5 |
| 81 | 0:31:32 | AHERNE, Neilus | Midleton AC | M50 | 06:18.3 |
| 82 | 0:31:39 | BRENNAN, Kieran | Ballymore-Cobh AC | M | 06:19.7 |
| 83 | 0:31:47 | DOHERTY, Robert | Eagle AC | M | 06:21.3 |
| 84 | 0:31:50 | CROWLEY, Brian | unatt/Churchtown South | M | 06:21.9 |
| 85 | 0:31:51 | OWERS, Eric | Midleton AC | M | 06:22.1 |
| 86 | 0:31:52 | RAHILLY, Patrick | St. Finbarrs AC | M | 06:22.3 |
| 87 | 0:31:54 | O'CONNELL, John | Midleton AC | M | 06:22.7 |
| 88 | 0:31:55 | BYRNE, Eddie | Eagle AC | M40 | 06:22.9 |
| 89 | 0:31:56 | LENIHAN, Brian | unatt/Cork | M45 | 06:23.1 |
| 90 | 0:31:58 | SARGENT, Fergal | unatt/Cork | M | 06:23.5 |
| 91 | 0:31:59 | MCGRATH, Mike | Eagle AC | M50 | 06:23.7 |
| 92 | 0:31:59 | MCEVOY, David | Leevale AC | M | 06:23.7 |
| 93 | 0:32:00 | KEVANY, Sinead | Eagle AC | F | 06:23.9 |
| 94 | 0:32:00 | RYAN, James | unatt/Killeens | M40 | 06:23.9 |
| 95 | 0:32:02 | CLANCY, Michael | Mallow AC | M | 06:24.3 |
| 96 | 0:32:05 | MCGRATH, Jim | unatt/Cork | M | 06:24.9 |
| 97 | 0:32:06 | CASHMAN, John | Midleton AC | M45 | 06:25.1 |
| 98 | 0:32:12 | GRIFFIN, John | Grange-Fermoy AC | M40 | 06:26.3 |
| 99 | 0:32:22 | RYAN, Jeremiah | unatt/Cork | M40 | 06:28.3 |
| 100 | 0:32:26 | HUNTER, Nollaig | Leevale AC | F35 | 06:29.1 |
| 101 | 0:32:26 | O'CALLAGHAN, Brian | unatt/Glanmire | M | 06:29.1 |
| 102 | 0:32:27 | SWEENEY, Mary | St. Finbarrs AC | F50 | 06:29.3 |
| 103 | 0:32:27 | O'RIORDAN, William | St. Brendans AC | M55 | 06:29.3 |
| 104 | 0:32:35 | MAHONEY, Trevor | Midleton AC | M | 06:30.9 |
| 105 | 0:32:40 | TOBIN, Maurice | Grange-Fermoy AC | M60 | 06:31.9 |
| 106 | 0:32:42 | REILLY, Daithi | unatt/Cobh | M45 | 06:32.3 |
| 107 | 0:32:47 | COLLINS, Trevor | Naas AC | M | 06:33.3 |
| 108 | 0:32:48 | HARRINGTON, Shane | unatt/Ballybrannigan | M | 06:33.5 |
| 109 | 0:32:48 | AHERN, James | unatt/Ballycotton | MJ | 06:33.5 |
| 110 | 0:32:53 | KELLY, Alan | Midleton AC | M40 | 06:34.5 |
| 111 | 0:32:54 | FINN, Jonathan | unatt/Carrigtwohill | M | 06:34.7 |
| 112 | 0:32:55 | MURPHY, Mick | Midleton AC | M | 06:34.9 |
| 113 | 0:32:55 | GIBSON, Andy | Eagle AC | M40 | 06:34.9 |
| 114 | 0:32:56 | MULCAHY, Darren | St. Finbarrs AC | M | 06:35.1 |
| 115 | 0:32:57 | GEOGHEGAN, Stephen | unatt/Cork | M | 06:35.3 |
| 116 | 0:32:58 | LEONARD, Helen | Rathfarnham-WSAF AC | F35 | 06:35.5 |
| 117 | 0:32:59 | BIRMINGHAM, Paudie | Mallow AC | M | 06:35.7 |
| 118 | 0:33:03 | NOLAN, Brian | Midleton AC | M | 06:36.5 |
| 119 | 0:33:04 | O'CALLAGHAN, John | Rising Sun AC | M | 06:36.7 |
| 120 | 0:33:21 | POWER, Anne-Marie | Eagle AC | F35 | 06:40.1 |
| 121 | 0:33:24 | ROCHE, Joe | Eagle AC | M45 | 06:40.7 |
| 122 | 0:33:25 | FITZGERALD, John | Grange-Fermoy AC | M45 | 06:40.9 |
| 123 | 0:33:28 | WATSON, Karol | Midleton AC | M | 06:41.5 |
| 124 | 0:33:29 | GRIFFIN, Mark | unatt/Rossmore | M | 06:41.7 |
| 125 | 0:33:32 | GUNNING, Peter | Midleton AC | M50 | 06:42.3 |
| 126 | 0:33:33 | CRONIN, Sheila | unatt/Cork | F | 06:42.5 |
| 127 | 0:33:33 | DOLAN, Michael | unatt/Cork | M | 06:42.5 |
| 128 | 0:33:34 | BENT, Nick | Donoughmore AC | M45 | 06:42.7 |
| 129 | 0:33:35 | COLEMAN, Thomas | unatt/Cork | M | 06:42.9 |

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| 130 | 0:33:35 | DOOLEY, Michael | Eagle AC | M40 | 06:42.9 |
| 131 | 0:33:37 | PRENDERGAST, Rick | unatt/Castlemartyr | M45 | 06:43.3 |
| 132 | 0:33:38 | DUNPHY, John | Eagle AC | M40 | 06:43.5 |
| 133 | 0:33:38 | QUINLAN, Fergal | unatt/Cobh | M40 | 06:43.5 |
| 134 | 0:33:39 | COTTER, Kieran | unatt/Midleton | M | 06:43.7 |
| 135 | 0:33:41 | RAMSELL, Ned | Midleton AC | M | 06:44.1 |
| 136 | 0:33:41 | CORCORAN, Phil | Eagle AC | M | 06:44.1 |
| 137 | 0:33:42 | BERRY, Nigel | unatt/Cloyne | M | 06:44.3 |
| 138 | 0:33:42 | QUIGLEY, John | Eagle AC | M55 | 06:44.3 |
| 139 | 0:33:45 | DWYER, Jamie | unatt/Kilworth | M | 06:44.9 |
| 140 | 0:33:47 | PRENDERGAST, Karen | unatt/Cork | F | 06:45.3 |
| 141 | 0:33:50 | CRONIN, Denis | Mallow AC | M45 | 06:45.9 |
| 142 | 0:33:51 | MACKEOWN, Rosaleen | Leevale AC | F35 | 06:46.1 |
| 143 | 0:33:53 | FENTON, Davina | St. Finbarrs AC | F | 06:46.5 |
| 144 | 0:33:53 | LEHANE, Conor | unatt/Carrigtwohill | M | 06:46.5 |
| 145 | 0:33:54 | BARRETT, Olan | Grange-Fermoy AC | M | 06:46.7 |
| 146 | 0:33:56 | O'CALLAGHAN, Ryan | Togher AC | M | 06:47.1 |
| 147 | 0:33:57 | O'DWYER, Barry | unatt/Ladysbridge | M | 06:47.3 |
| 148 | 0:34:02 | BURTS, Gerard | unatt/Ovens | M | 06:48.3 |
| 149 | 0:34:03 | TATE, James | unatt/Ballycotton | M | 06:48.5 |
| 150 | 0:34:03 | LOONEY, Denis | Eagle AC | M40 | 06:48.5 |
| 151 | 0:34:06 | WYNMAN, Ken | Eagle AC | M40 | 06:49.1 |
| 152 | 0:34:07 | KELLY, Richard | West Waterford AC | M45 | 06:49.3 |
| 153 | 0:34:12 | LEHANE, Donnacha | Eagle AC | M | 06:50.3 |
| 154 | 0:34:13 | O'SULLIVAN, Noel | unatt/Carrignavar | M45 | 06:50.5 |
| 155 | 0:34:18 | SHANNON, Kieran | unatt/Cork | M | 06:51.5 |
| 156 | 0:34:20 | MORRISSEY, John | Donoughmore AC | M40 | 06:51.9 |
| 157 | 0:34:21 | MCLAUGHLAN, Ian | unatt/Athlone | M | 06:52.1 |
| 158 | 0:34:24 | URBAANOVSKA, Sonya | unatt/Midleton | F | 06:52.7 |
| 159 | 0:34:25 | O'REGAN, Morgan | unatt/Cork | M | 06:52.9 |
| 160 | 0:34:26 | WALSH, Darragh | unatt/Cork | M | 06:53.1 |
| 161 | 0:34:29 | COURTNEY, Laurence | Eagle AC | M45 | 06:53.7 |
| 162 | 0:34:31 | DALY, Michael | Carraig na bhFear AC | M | 06:54.1 |
| 163 | 0:34:32 | O'SULLIVAN, Billy | Midleton AC | M | 06:54.3 |
| 164 | 0:34:32 | HEALY, Brian | Midleton AC | M45 | 06:54.3 |
| 165 | 0:34:34 | O'CALLAGHAN, Neil | Mallow AC | M40 | 06:54.7 |
| 166 | 0:34:35 | ATKINSON, Brian | Carraig na bhFear AC | M45 | 06:54.9 |
| 167 | 0:34:36 | TAIT, David | unatt/Midleton | M | 06:55.1 |
| 168 | 0:34:37 | MCNAMARA, Alan | unatt/Glanmire | M | 06:55.3 |
| 169 | 0:34:37 | BRUNNOCK, Paul | West Waterford AC | M40 | 06:55.3 |
| 170 | 0:34:38 | GANNON, Charlie | unatt/Blarney | M | 06:55.5 |
| 171 | 0:34:40 | COLLINS, Finbarr | unatt/Midleton | M | 06:55.9 |
| 172 | 0:34:42 | WALSH, Christy | St. Finbarrs AC | M45 | 06:56.3 |
| 173 | 0:34:44 | CLEARY, Eibhlin | East Cork AC | F | 06:56.7 |
| 174 | 0:34:44 | SMYTH, Derek | unatt/Cork | M40 | 06:56.7 |
| 175 | 0:34:49 | MAHONY, Aoife | St. Finbarrs AC | F | 06:57.7 |
| 176 | 0:34:51 | HOLLAND, John | Mallow AC | M60 | 06:58.1 |
| 177 | 0:34:54 | MURPHY, AJ | unatt/Ballinacurra | M45 | 06:58.7 |
| 178 | 0:34:55 | REGAN, Maura | Eagle AC | F | 06:58.9 |
| 179 | 0:34:57 | MURPHY, Aine | UCC AC | F | 06:59.3 |
| 180 | 0:34:57 | FITZGIBBON, Clotilde | Grange-Fermoy AC | F40 | 06:59.3 |
| 181 | 0:34:59 | KEANE, Patsy | Midleton AC | M45 | 06:59.7 |
| 182 | 0:35:01 | BOYLE, Gary | unatt/Donegal | M | 07:00.1 |
| 183 | 0:35:01 | MCGRATH, Phil | East Cork AC | M55 | 07:00.1 |
| 184 | 0:35:03 | RODGERS, Keith | unatt/Cork | M | 07:00.5 |
| 185 | 0:35:04 | WALSHE, Paul | Ballynonty AC | M | 07:00.7 |
| 186 | 0:35:04 | O'LEARY, Ted | West Waterford AC | M40 | 07:00.7 |
| 187 | 0:35:05 | CARR, Brian | unatt/Cork | M | 07:00.9 |
| 188 | 0:35:05 | MOLONEY, Dave | unatt/Whitegate | M | 07:00.9 |
| 189 | 0:35:06 | MCGRATH, Tom | unatt/Churchtown South | M | 07:01.1 |
| 190 | 0:35:07 | BUCKLEY, John-Paul | unatt/Millstreet | M | 07:01.3 |
| 191 | 0:35:09 | O'MAHONY, Sylvie | Youghal AC | M50 | 07:01.7 |
| 192 | 0:35:09 | STANLEY, Peter | unatt/Carrigaline | M | 07:01.7 |
| 193 | 0:35:10 | BUCKLEY, Patrick | Mallow AC | M | 07:01.9 |
| 194 | 0:35:12 | COONEY, Kevin | Midleton AC | M45 | 07:02.3 |
| 195 | 0:35:13 | POWER, Jackie | Carrick-on-Suir AC | F | 07:02.4 |
| 196 | 0:35:14 | MULLINS, Brian | unatt/Blarney | M | 07:02.6 |
| 197 | 0:35:18 | O'MAHONY, Stephen | unatt/Cork | M | 07:03.4 |

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| 198 | 0:35:19 | COTTER, Gearoid | unatt/Carrigtwohill | M | 07:03.6 |
| 199 | 0:35:21 | O'MEARA, Fergal | Midleton AC | M40 | 07:04.0 |
| 200 | 0:35:22 | BULMAN, George | Youghal AC | M50 | 07:04.2 |
| 201 | 0:35:23 | MURPHY, Pat | Ballymore-Cobh AC | M45 | 07:04.4 |
| 202 | 0:35:24 | O'KEEFE, Mary | Youghal AC | F45 | 07:04.6 |
| 203 | 0:35:25 | HARTE, Fergal | unatt/Fota | M | 07:04.8 |
| 204 | 0:35:26 | CREEDON, Stephen | Mallow AC | M | 07:05.0 |
| 205 | 0:35:28 | KELLEHER, Mark | unatt/Tralee | M | 07:05.4 |
| 206 | 0:35:30 | MEANEY, Peter | unatt/Saleen | M | 07:05.8 |
| 207 | 0:35:32 | MACCORMAIC, Thomas | unatt/Cloghroe | M | 07:06.2 |
| 208 | 0:35:32 | PRENDERGAST, Gary | unatt/Rathcormack | M | 07:06.2 |
| 209 | 0:35:33 | BARRY, David | unatt/Midleton | M | 07:06.4 |
| 210 | 0:35:34 | O'NEILL, Trevor | St. Finbarrs AC | M | 07:06.6 |
| 211 | 0:35:37 | HARTIGAN, Irene | UCC AC | F | 07:07.2 |
| 212 | 0:35:38 | O'BRIEN, Denise | unatt/Castlelyons | F35 | 07:07.4 |
| 213 | 0:35:40 | FOLEY, Emmet | unatt/Whitegate | M40 | 07:07.8 |
| 214 | 0:35:43 | COLEMAN, Brian | unatt/Cloyne | M | 07:08.4 |
| 215 | 0:35:46 | BARRY, Claire | unatt/Midleton | F | 07:09.0 |
| 216 | 0:35:49 | CAREY, John | Midleton AC | M40 | 07:09.6 |
| 217 | 0:35:50 | O'HALLORAN, John | Midleton AC | M55 | 07:09.8 |
| 218 | 0:35:52 | LISTON, Brighid | Eagle AC | F | 07:10.2 |
| 219 | 0:35:54 | KEARNEY, Batt | Leevale AC | M50 | 07:10.6 |
| 220 | 0:35:55 | WIGGINS, Alan | unatt/Ladysbridge | M40 | 07:10.8 |
| 221 | 0:35:56 | CAREY, Richie | unatt/Cork | M | 07:11.0 |
| 222 | 0:35:57 | FITZGERALD, Barry | unatt/Ladysbridge | M | 07:11.2 |
| 223 | 0:35:58 | POWER, Kevin | unatt/Youghal | M45 | 07:11.4 |
| 224 | 0:35:58 | COSTELLO, Paul | unatt/Cork | M | 07:11.4 |
| 225 | 0:35:59 | O'MAHONY, Michael | unatt/Youghal | M50 | 07:11.6 |
| 226 | 0:35:59 | O'DONNABHAIN, Donnchadh | unatt/Cobh | M | 07:11.6 |
| 227 | 0:36:00 | CAHILL, Breda | Midleton AC | F35 | 07:11.8 |
| 228 | 0:36:03 | GUINANE, Elaine | Eagle AC | F | 07:12.4 |
| 229 | 0:36:05 | O'NEILL, Vincent | Midleton AC | M40 | 07:12.8 |
| 230 | 0:36:06 | O'SULLIVAN, Patrick | unatt/Cloyne | M55 | 07:13.0 |
| 231 | 0:36:07 | TAYLOR, Justin | unatt/Antrim | M | 07:13.2 |
| 232 | 0:36:08 | MCCARTHY, Eugene | unatt/Midleton | M | 07:13.4 |
| 233 | 0:36:09 | FLEMING, Shane | unatt/Ballycotton | MJ | 07:13.6 |
| 234 | 0:36:13 | O'LEARY, David | unatt/Midleton | M | 07:14.4 |
| 235 | 0:36:14 | OCALLAGHAN, Don | unatt/Whitegate | M | 07:14.6 |
| 236 | 0:36:18 | O'REGAN, Colm | unatt/Bandon | M | 07:15.4 |
| 237 | 0:36:20 | O'HALLORAN, Stephen | unatt/Cork | M45 | 07:15.8 |
| 238 | 0:36:21 | RHATIGAN, Tara | UCC AC | F | 07:16.0 |
| 239 | 0:36:22 | HEALY, Padraig | West Waterford AC | M | 07:16.2 |
| 240 | 0:36:22 | HENRY, Aidan | St. Finbarrs AC | M40 | 07:16.2 |
| 241 | 0:36:24 | LONG, Simon | unatt/Coachford | M | 07:16.6 |
| 242 | 0:36:25 | O'MEARA, Thomas | unatt/Ballinacurra | M | 07:16.8 |
| 243 | 0:36:27 | MOORE, James | unatt/Castlemartyr | M | 07:17.2 |
| 244 | 0:36:30 | AHERN, Marian | Midleton AC | F | 07:17.8 |
| 245 | 0:36:34 | LINDSTRAND, Helene | unatt/Sweden | F | 07:18.6 |
| 246 | 0:36:36 | MCMAHON, Daniel | unatt/Killarney | M | 07:19.0 |
| 247 | 0:36:46 | O'BRIEN, Tony | St. Finbarrs AC | M45 | 07:21.0 |
| 248 | 0:36:51 | O'BYRNE, Richard | unatt/Carrigtwohill | M | 07:22.0 |
| 249 | 0:36:52 | FOGARTY, Martin | Eagle AC | M45 | 07:22.2 |
| 250 | 0:36:52 | WALSHE, John | East Cork AC | M55 | 07:22.2 |
| 251 | 0:36:53 | FURLONG, Michael | unatt/Ballycotton | MJ | 07:22.4 |
| 252 | 0:36:54 | O'SULLIVAN, Denis | unatt/Cork | M | 07:22.6 |
| 253 | 0:36:57 | WALSH, Pat | unatt/Midleton | M45 | 07:23.2 |
| 254 | 0:37:00 | KELLY, Thomas | Ballymore-Cobh AC | M50 | 07:23.8 |
| 255 | 0:37:01 | SAVAGE, Ultan | unatt/Cork | M | 07:24.0 |
| 256 | 0:37:02 | FERRITER, Gearoid | Eagle AC | M | 07:24.2 |
| 257 | 0:37:03 | SEXTON, Keith | unatt/Blarney | M40 | 07:24.4 |
| 258 | 0:37:03 | QUINLAN, Ciara | unatt/Ballincollig | F | 07:24.4 |
| 259 | 0:37:04 | GRANT, Karen | unatt/Cork | F | 07:24.6 |
| 260 | 0:37:05 | SMYTH, Brian | unatt/Cork | M | 07:24.8 |
| 261 | 0:37:07 | BOGUE, Charles | unatt/Cork | M | 07:25.2 |
| 262 | 0:37:09 | UI CHUIRRIN, Josie | West Waterford AC | F45 | 07:25.6 |
| 263 | 0:37:09 | COTTER, John | unatt/Cobh | M65 | 07:25.6 |
| 264 | 0:37:10 | NYHAN, Finola | unatt/Cork | F | 07:25.8 |
| 265 | 0:37:11 | CROWLEY, Therese | unatt/Clonakilty | F35 | 07:26.0 |

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|-----|---------|----------------------|----------------------|-----|---------|
| 266 | 0:37:12 | O'SHEA, Colm | unatt/Ballinacurra | M | 07:26.2 |
| 267 | 0:37:13 | NEILAND, Tony | unatt/Watergrasshill | M45 | 07:26.4 |
| 268 | 0:37:14 | LYONS, Finbarr | unatt/Carrigtwohill | M | 07:26.6 |
| 269 | 0:37:23 | MURPHY, Marie | Midleton AC | F | 07:28.4 |
| 270 | 0:37:23 | COLLINS, Paul | Naas AC | M | 07:28.4 |
| 271 | 0:37:23 | O'SULLIVAN, Dara | Eagle AC | M | 07:28.4 |
| 272 | 0:37:26 | EGAN, Conor | unatt/Glanmire | M40 | 07:29.0 |
| 273 | 0:37:27 | COFFEY, Bridget | West Waterford AC | F40 | 07:29.2 |
| 274 | 0:37:27 | LINEHAN, Frank | Togher AC | M55 | 07:29.2 |
| 275 | 0:37:28 | PERRY, Anne-Marie | Midleton AC | F35 | 07:29.4 |
| 276 | 0:37:28 | MENTON, Billy | unatt/Cork | M50 | 07:29.4 |
| 277 | 0:37:30 | MURPHY, Liam | Mallow AC | M | 07:29.8 |
| 278 | 0:37:36 | O'CALLAGHAN, Barry | Mallow AC | M40 | 07:31.0 |
| 279 | 0:37:37 | O'CALLAGHAN, Brendan | unatt/Cork | M | 07:31.2 |
| 280 | 0:37:38 | O'LEARY, John | Leevale AC | M70 | 07:31.4 |
| 281 | 0:37:44 | SHANAHAN, Mossy | unatt/Cork | M50 | 07:32.6 |
| 282 | 0:37:46 | COLEMAN, Barry | St. Finbarrs AC | M | 07:33.0 |
| 283 | 0:37:47 | FOLEY, John | West Waterford AC | M60 | 07:33.2 |
| 284 | 0:37:48 | O'KEEFE, Pat | unatt/Cork | M40 | 07:33.4 |
| 285 | 0:37:52 | BUCKLEY, Tim-Joe | Donoughmore AC | M55 | 07:34.2 |
| 286 | 0:37:54 | HERLIHY, Dave | unatt/Glanmire | M40 | 07:34.6 |
| 287 | 0:37:55 | KENNEALLY, Brian | Midleton AC | M40 | 07:34.8 |
| 288 | 0:37:59 | KIELY, Victor | unatt/Blarney | M | 07:35.6 |
| 289 | 0:38:05 | O'REGAN, Pdraig | unatt/Ladysbridge | M | 07:36.8 |
| 290 | 0:38:07 | MCEVOY, Rebecca | Belgooly AC | F | 07:37.2 |
| 291 | 0:38:09 | MCEVOY, Angela | St. Finbarrs AC | F45 | 07:37.6 |
| 292 | 0:38:10 | RIGNEY, Paul | unatt/Dungourney | M | 07:37.8 |
| 293 | 0:38:12 | MURRAY, Noel | unatt/Little Island | M40 | 07:38.2 |
| 294 | 0:38:17 | CORRIGAN, Aine | unatt/Carrigaline | F | 07:39.2 |
| 295 | 0:38:18 | MURPHY, Sharon | Leevale AC | F40 | 07:39.4 |
| 296 | 0:38:21 | O'REILLY, Liam | unatt/Shanagarry | M | 07:40.0 |
| 297 | 0:38:24 | BARRY, Colin | unatt/Ballintotis | MJ | 07:40.6 |
| 298 | 0:38:25 | CARR, Martin | unatt/Midleton | M | 07:40.8 |
| 299 | 0:38:25 | O'S-HOURIHAN, Paul | East Cork AC | M45 | 07:40.8 |
| 300 | 0:38:27 | O'MAHONY, Johnny | unatt/Youghal | M | 07:41.2 |
| 301 | 0:38:30 | FLAVIN, Eamonn | West Waterford AC | M | 07:41.8 |
| 302 | 0:38:35 | HEFFERNAN, Alan | unatt/Cobh | M | 07:42.8 |
| 303 | 0:38:37 | AHERNE, Deirdre | Midleton AC | F | 07:43.2 |
| 304 | 0:38:39 | BRUTON, Seamus | unatt/Cork | M40 | 07:43.6 |
| 305 | 0:38:40 | HEALY, Paul | Donoughmore AC | M | 07:43.8 |
| 306 | 0:38:41 | MCNAMARA, Sharon | unatt/Glanmire | F | 07:44.0 |
| 307 | 0:38:43 | JALAHÉE, Carmel | unatt/Midleton | F | 07:44.4 |
| 308 | 0:38:44 | MORRISON, Kevin | Midleton AC | M45 | 07:44.6 |
| 309 | 0:38:46 | O'LEARY, Liam | unatt/Carrigaline | M | 07:45.0 |
| 310 | 0:38:47 | MOTHERWAY, John | unatt/Aghada | M65 | 07:45.2 |
| 311 | 0:38:49 | O'CONNELL, Donie | Midleton AC | M60 | 07:45.6 |
| 312 | 0:38:50 | SHERIDAN, Catherine | unatt/Midleton | F | 07:45.8 |
| 313 | 0:38:55 | O'CALLAGHAN, Denis | unatt/Glanmire | M | 07:46.8 |
| 314 | 0:38:57 | WILSON, Dean | unatt/Midleton | M | 07:47.2 |
| 315 | 0:38:59 | O'DRISCOLL, Kevin | Eagle AC | M55 | 07:47.6 |
| 316 | 0:39:03 | WIGGINS, Frances | unatt/Ladysbridge | F35 | 07:48.4 |
| 317 | 0:39:07 | COTTER, Mary | Eagle AC | F45 | 07:49.2 |
| 318 | 0:39:10 | GAFFNEY, Peter | Mallow AC | M70 | 07:49.8 |
| 319 | 0:39:13 | COLLINS, Barry | unatt/Cork | M | 07:50.4 |
| 320 | 0:39:17 | GETTINGS, John | unatt/Little Island | M | 07:51.2 |
| 321 | 0:39:21 | MAGUIRE, Pdraig | unatt/Bundoran | M | 07:52.0 |
| 322 | 0:39:22 | MURPHY, Kieran | Midleton AC | M | 07:52.2 |
| 323 | 0:39:25 | MILLER, Elaine | unatt/Glanmire | F | 07:52.8 |
| 324 | 0:39:29 | O'CONNELL, Jane | unatt/Cork | F | 07:53.6 |
| 325 | 0:39:31 | HENNESSY, Killian | unatt/Cork | M | 07:54.0 |
| 326 | 0:39:32 | MCCARTHY, Danny | Midleton AC | M55 | 07:54.2 |
| 327 | 0:39:39 | FLANAGAN, Donal | unatt/Cobh | M | 07:55.6 |
| 328 | 0:39:40 | CONNOLLY, Vincent | Midleton AC | M50 | 07:55.8 |
| 329 | 0:39:45 | TREACY, Pio | unatt/Glanmire | M | 07:56.8 |
| 330 | 0:39:48 | KENNEDY, Dan | St. Finbarrs AC | M55 | 07:57.4 |
| 331 | 0:39:53 | O'SULLIVAN, Ray | unatt/Midleton | M | 07:58.4 |
| 332 | 0:39:57 | O'NEILL, Thomas | unatt/Midleton | M50 | 07:59.2 |
| 333 | 0:39:59 | MANNING, Michelle | unatt/Bantry | F | 07:59.6 |

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|-----|---------|----------------------|---------------------|-----|---------|
| 334 | 0:40:01 | MURPHY, Trish | Midleton AC | F40 | 08:00.0 |
| 335 | 0:40:07 | KILGANNON, David | unatt/Youghal | M | 08:01.2 |
| 336 | 0:40:13 | FLEMING, Eoghan | Bandon AC | M | 08:02.4 |
| 337 | 0:40:15 | DALY, Paddy | unatt/Cork | M65 | 08:02.8 |
| 338 | 0:40:16 | CHAMBERS, JJ | unatt/Glanmire | M40 | 08:03.0 |
| 339 | 0:40:17 | GARDE, Colin | unatt/Shanagarry | M | 08:03.2 |
| 340 | 0:40:19 | DRAKE, Annette | Eagle AC | F | 08:03.6 |
| 341 | 0:40:21 | BARRY, Mark | unatt/Midleton | M | 08:04.0 |
| 342 | 0:40:23 | HALL, Ray | unatt/Glounthaune | M | 08:04.4 |
| 343 | 0:40:26 | MULLANE, Philip | Midleton AC | M | 08:05.0 |
| 344 | 0:40:29 | GALVIN, Brian | unatt/Carrignavar | M | 08:05.6 |
| 345 | 0:40:29 | O'LEARY, Andrew | unatt/Cork | M | 08:05.6 |
| 346 | 0:40:30 | FITZPATRICK, John | Mallow AC | M40 | 08:05.8 |
| 347 | 0:40:32 | SHERIDAN, Anne-Marie | unatt/Whitegate | F40 | 08:06.2 |
| 348 | 0:40:33 | O'KEEFFE, Mary | Midleton AC | F40 | 08:06.4 |
| 349 | 0:40:36 | O'FARRELL, Andrew | unatt/Carrigaline | M55 | 08:07.0 |
| 350 | 0:40:41 | MULHOLLAND, Willie | unatt/Cork | M | 08:08.0 |
| 351 | 0:40:44 | HEALY, David | UCC AC | M | 08:08.6 |
| 352 | 0:40:50 | MURPHY, Lisa | unatt/Ballincollig | F | 08:09.8 |
| 353 | 0:40:51 | HOULIHAN, Orla | unatt/Glanmire | F | 08:10.0 |
| 354 | 0:40:52 | O'SHEA, Declan | unatt/Dunmanway | M | 08:10.2 |
| 355 | 0:40:53 | BRADY, Carmel | unatt/Cork | F | 08:10.4 |
| 356 | 0:40:54 | O'HANLON, Declan | unatt/Carrigaline | M | 08:10.6 |
| 357 | 0:40:54 | RYAN, Pat | unatt/Bartlemy | M40 | 08:10.6 |
| 358 | 0:40:55 | LONG, Kenneth | unatt/Cork | M | 08:10.8 |
| 359 | 0:40:57 | SCANNELL, Paul | unatt/Carrigaline | M | 08:11.2 |
| 360 | 0:41:00 | O'BRIEN, Michelle | unatt/Cork | F | 08:11.8 |
| 361 | 0:41:04 | SHEPPARD, Sinead | unatt/Cobh | F | 08:12.6 |
| 362 | 0:41:06 | MCCARTHY, David | unatt/Glanmire | M | 08:13.0 |
| 363 | 0:41:08 | BARRY, Margaret | Midleton AC | F60 | 08:13.4 |
| 364 | 0:41:11 | HURLEY, Noreen | unatt/Newcestown | F | 08:14.0 |
| 365 | 0:41:11 | STAVROU, Amanda | St. Finbarrs AC | F45 | 08:14.0 |
| 366 | 0:41:14 | CAHILL, Paul | unatt/Cloyne | M40 | 08:14.6 |
| 367 | 0:41:15 | HENNESSY, Elaine | Midleton AC | F50 | 08:14.8 |
| 368 | 0:41:20 | CAMPBELL, Rhona | Mallow AC | F | 08:15.8 |
| 369 | 0:41:21 | MARSHALL, Leonard | unatt/Cork | M | 08:16.0 |
| 370 | 0:41:25 | TROTTER, Maeve | unatt/Ballincollig | F35 | 08:16.8 |
| 371 | 0:41:26 | O'CONNOR, Camilla | Midleton AC | F40 | 08:17.0 |
| 372 | 0:41:34 | POWER, Onra | West Waterford AC | F40 | 08:18.6 |
| 373 | 0:41:35 | O'CONNOR, David | unatt/Glanmire | M55 | 08:18.8 |
| 374 | 0:41:40 | BOGUE, Ivan | unatt/Cork | M | 08:19.8 |
| 375 | 0:41:41 | HORGAN, Kieran | unatt/Ballyandreen | M | 08:20.0 |
| 376 | 0:41:43 | GEARY, Helen | Midleton AC | F | 08:20.4 |
| 377 | 0:41:47 | CLANCY, Brian | unatt/Cork | M | 08:21.2 |
| 378 | 0:41:48 | MANN, Lorraine | unatt/Carrigaline | F | 08:21.4 |
| 379 | 0:41:54 | MACKEOWN, Keith | Leevale AC | M40 | 08:22.6 |
| 380 | 0:41:54 | O'BRIEN, Alan | unatt/Shanagarry | M | 08:22.6 |
| 381 | 0:41:55 | CURTIN, Jim | East Cork AC | M65 | 08:22.8 |
| 382 | 0:42:08 | WALSH, Anne | Ballincollig AC | F45 | 08:25.4 |
| 383 | 0:42:09 | NYHAN, Ken | unatt/Cork | M | 08:25.6 |
| 384 | 0:42:10 | KENNEDY, Yvonne | Midleton AC | F | 08:25.8 |
| 385 | 0:42:13 | HASSETT, Edel | unatt/Kilkenny | F | 08:26.4 |
| 386 | 0:42:14 | GUINEY, Gillian | unatt/Cork | F | 08:26.6 |
| 387 | 0:42:19 | O'KEEFFE, Jim | unatt/Glenville | M45 | 08:27.6 |
| 388 | 0:42:25 | WALSH, Anthony | unatt/Cork | M | 08:28.8 |
| 389 | 0:42:27 | PARKINSON, Sharon | East Cork AC | F | 08:29.2 |
| 390 | 0:42:42 | THOMAS, David | unatt/Midleton | M | 08:32.2 |
| 391 | 0:42:53 | SHARKEY, Canice | unatt/Cloyne | M40 | 08:34.4 |
| 392 | 0:42:56 | MURPHY, Angela | unatt/Ballincollig | F50 | 08:35.0 |
| 393 | 0:42:57 | DINAN, Valerie | unatt/Berrings | F40 | 08:35.2 |
| 394 | 0:42:57 | KEATING, Michael | unatt/Fermoy | M40 | 08:35.2 |
| 395 | 0:42:59 | COLEMAN, Claire | unatt/Cork | F | 08:35.6 |
| 396 | 0:43:05 | O'DONOGHUE, Donal | unatt/Little Island | M40 | 08:36.8 |
| 397 | 0:43:07 | SAVAGE, Ann | Midleton AC | F45 | 08:37.2 |
| 398 | 0:43:09 | MULCAHY, Mary | St. Finbarrs AC | F45 | 08:37.6 |
| 399 | 0:43:13 | RAGGETT, Una | Ballincollig AC | F50 | 08:38.4 |
| 400 | 0:43:28 | CASHMAN, Yvonne | Midleton AC | F | 08:41.4 |
| 401 | 0:43:30 | BARRY, John | unatt/Cobh | M | 08:41.8 |

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|-----|---------|---------------------|----------------------|-----|---------|
| 402 | 0:43:34 | O'MAHONY, William | Youghal AC | M60 | 08:42.6 |
| 403 | 0:43:35 | O'DONNELL, Jordanna | unatt/Ovens | F | 08:42.8 |
| 404 | 0:43:44 | CONNOLLY, Tom | Mallow AC | M | 08:44.6 |
| 405 | 0:43:48 | WHITE, Lorna | unatt/Midleton | F | 08:45.4 |
| 406 | 0:43:48 | HURLEY, Clodagh | unatt/Carrigtwohill | F | 08:45.4 |
| 407 | 0:43:49 | BRUTON, Trish | unatt/Cork | F | 08:45.6 |
| 408 | 0:43:52 | RYAN, William | unatt/Carrignavar | M | 08:46.2 |
| 409 | 0:43:52 | O'MAHONY, Fiona | unatt/Midleton | F35 | 08:46.2 |
| 410 | 0:43:55 | O'CONNELL, Ger | unatt/Liscarroll | M50 | 08:46.8 |
| 411 | 0:43:59 | MANNING, Denis | unatt/Cork | M40 | 08:47.6 |
| 412 | 0:43:59 | ROHAN, Margaret | Midleton AC | F50 | 08:47.6 |
| 413 | 0:43:59 | TWOHIG, Margaret | Midleton AC | F40 | 08:47.6 |
| 414 | 0:44:02 | COLLINS, Ger | Galtee Runners AC | M | 08:48.2 |
| 415 | 0:44:05 | MCDONALD, Barry | unatt/Maytown | M | 08:48.8 |
| 416 | 0:44:07 | TWOMEY, Bernie | Midleton AC | F40 | 08:49.2 |
| 417 | 0:44:11 | WALSH, Adrian | unatt/Midleton | M | 08:50.0 |
| 418 | 0:44:15 | KOLODZIEJSKA, Agnes | unatt/Carrigaline | F | 08:50.8 |
| 419 | 0:44:16 | TERRY, Catherine | unatt/Midleton | F | 08:51.0 |
| 420 | 0:44:17 | FLYNN, John | unatt/Castlemartyr | M | 08:51.2 |
| 421 | 0:44:20 | LEE, Ciara | unatt/Midleton | F35 | 08:51.8 |
| 422 | 0:44:21 | COUGHLAN, Orla | unatt/Midleton | F35 | 08:52.0 |
| 423 | 0:44:34 | O'BRIEN, Karen | unatt/Cobh | F40 | 08:54.6 |
| 424 | 0:44:42 | CAREY, Tony | unatt/Cork | M | 08:56.2 |
| 425 | 0:44:50 | CONNOLLY, Joanne | unatt/Cork | F | 08:57.8 |
| 426 | 0:44:58 | WALSH, Ailish | unatt/Ladysbridge | F35 | 08:59.4 |
| 427 | 0:45:15 | REGAN, Cora | unatt/Ballincollig | F | 09:02.8 |
| 428 | 0:45:19 | CREEDON, Marie | unatt/Waterfall | F45 | 09:03.6 |
| 429 | 0:45:31 | RIORDAN, Aisling | unatt/Ballymacoda | F | 09:06.0 |
| 430 | 0:45:32 | REILLY, Caitriona | unatt/Ballymacoda | F35 | 09:06.2 |
| 431 | 0:45:49 | KINGSTON, Mary | unatt/Ballymacoda | F35 | 09:09.6 |
| 432 | 0:45:52 | HIGGINS, Carrie | Midleton AC | F | 09:10.2 |
| 433 | 0:45:55 | O'DONOVAN, Michelle | unatt/Ballycotton | F35 | 09:10.8 |
| 434 | 0:45:56 | KELLEHER, Frank | unatt/Cork | M65 | 09:11.0 |
| 435 | 0:46:09 | MEANEY, Pat | unatt/Cork | M60 | 09:13.6 |
| 436 | 0:46:10 | O'CONNOR, Ann | unatt/Glanmire | F40 | 09:13.8 |
| 437 | 0:46:10 | O'KEEFFE, Jackie | unatt/Cork | F | 09:13.8 |
| 438 | 0:46:11 | MCPHERSON, Nicola | unatt/Midleton | F | 09:14.0 |
| 439 | 0:46:12 | KELLEHER, Clodagh | unatt/Passage West | F | 09:14.2 |
| 440 | 0:46:13 | O'MAHONY, Donal | unatt/Cork | M55 | 09:14.4 |
| 441 | 0:46:13 | CRUMPLIN, Fiona | unatt/Carrigaline | F40 | 09:14.4 |
| 442 | 0:46:14 | DUBOY, Deirdre | unatt/Carrigaline | F | 09:14.6 |
| 443 | 0:46:16 | DALY, Eleanor | unatt/Cork | F | 09:15.0 |
| 444 | 0:46:16 | DALY, Carol | unatt/Cork | F | 09:15.0 |
| 445 | 0:46:18 | GOGGIN, Nessa | unatt/Watergrasshill | F | 09:15.4 |
| 446 | 0:46:18 | HURLEY, Ashling | unatt/Watergrasshill | F | 09:15.4 |
| 447 | 0:46:25 | CABALL, Billy | unatt/Cork | M65 | 09:16.8 |
| 448 | 0:46:27 | O'DRISCOLL, Karen | unatt/Glounthaune | F | 09:17.2 |
| 449 | 0:46:29 | MCCARTHY, Joan | Midleton AC | F50 | 09:17.6 |
| 450 | 0:46:29 | FARMER, Harry | unatt/Cloyne | M45 | 09:17.6 |
| 451 | 0:46:32 | MCMURTRY, Jim | Midleton AC | M60 | 09:18.2 |
| 452 | 0:46:41 | LYNCH, Niamh | unatt/Midleton | F | 09:20.0 |
| 453 | 0:46:44 | PAYNE, Neil | unatt/Cork | M40 | 09:20.6 |
| 454 | 0:46:46 | LOOBY, Joan | unatt/Midleton | F | 09:21.0 |
| 455 | 0:46:54 | GIBBONS, Amanda | unatt/Cork | F | 09:22.6 |
| 456 | 0:46:55 | GRIFFIN, Billy | Midleton AC | M70 | 09:22.8 |
| 457 | 0:47:00 | HENNESSY, Christy | unatt/Youghal | M60 | 09:23.8 |
| 458 | 0:47:49 | COLLINS, Edmund | unatt/Midleton | M50 | 09:33.6 |
| 459 | 0:47:52 | HARNEY, Mary | West Waterford AC | F35 | 09:34.2 |
| 460 | 0:47:56 | O'CONNOR, Barbara | Midleton AC | F35 | 09:35.0 |
| 461 | 0:47:57 | FLEMING, Barbara | unatt/Shanagarry | F | 09:35.2 |
| 462 | 0:48:00 | CAREY, Vincent | unatt/Killeagh | M | 09:35.8 |
| 463 | 0:48:06 | MURPHY, John-Paul | unatt/Cork | M | 09:37.0 |
| 464 | 0:48:30 | COTTER, Marion | Midleton AC | F | 09:41.8 |
| 465 | 0:48:30 | O'LOMASNEY, Lisa | Midleton AC | F40 | 09:41.8 |
| 466 | 0:48:31 | KEANE, Mary | Midleton AC | F40 | 09:42.0 |
| 467 | 0:48:35 | TROY, Deirdre | Midleton AC | F | 09:42.8 |
| 468 | 0:48:39 | MURPHY, Grainne | unatt/Inniscarra | F | 09:43.6 |
| 469 | 0:49:01 | BYRD, Tom | unatt/Cork | M50 | 09:48.0 |

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|-----|---------|-------------------|--------------------|-----|---------|
| 470 | 0:49:29 | JORDAN, Colm | Midleton AC | M | 09:53.6 |
| 471 | 0:49:58 | O'LEARY, Clare | Midleton AC | F | 09:59.4 |
| 472 | 0:50:09 | O'SULLIVAN, Emer | unatt/Ballincollig | F | 10:01.6 |
| 473 | 0:50:10 | MCGRATH, Marie | Midleton AC | F40 | 10:01.8 |
| 474 | 0:50:12 | ROBINSON, Sinead | Midleton AC | F | 10:02.2 |
| 475 | 0:50:25 | COOKE, Paula | unatt/Charleville | F | 10:04.8 |
| 476 | 0:50:26 | CONNOLLY, Mary | unatt/Glenville | F | 10:05.0 |
| 477 | 0:50:41 | KILGANNON, Claire | unatt/Youghal | F | 10:08.0 |
| 478 | 0:50:53 | BURKE, David | unatt/Cloyne | M40 | 10:10.4 |
| 479 | 0:51:39 | CROWE, Hubert | unatt/Tipperary | M | 10:19.6 |
| 480 | 0:52:20 | ENRIGHT, Siobhan | Grange-Fermoy AC | F40 | 10:27.8 |
| 481 | 0:54:58 | GEARY, Michelle | Midleton AC | F40 | 10:59.4 |
| 482 | 0:56:22 | GLAVIN, Bernice | unatt/Cork | F50 | 11:16.2 |
| 483 | 0:57:09 | HALLAHAN, John | Leevale AC | M45 | 11:25.6 |
| 484 | 0:57:10 | HALLAHAN, Eimear | Leevale AC | F | 11:25.8 |

WHEELCHAIR: FORDE, Jerry Blarney-Inniscarra AC M55 59:02

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